

OCTOBER 2025 – BREAKFAST ELEMENTARY, MIDDLE & K8 SCHOOLS

*Assorted milk and lactose-free milk is served daily.
All students in Richmond County eat at no cost.

This institution is an equal opportunity provider.

Offer Vs Serve – Students must have 3 food items, including at least 1/2 cup fruit or juice. May have meat/meat alternate, grain, fruit, juice, and milk.

The menu is subject to change due to product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Vegetarian options are offered daily.</i> <i>*Georgia-grown and locally sourced products and ingredients are offered regularly.</i>	<i>Learn more about Richmond County's Wellness Policy plans & how to participate at Nutrition Services / Wellness Policy (rcboe.org)</i>	1 Bacon, Egg & Cheese English Muffin Honey Bun Cereal Bar w/ Breakfast Cracker *Assorted Fresh Fruit Assorted Chilled Fruit Juice	2 Fruit Smoothie w/ Breakfast Cracker Chocolate Mini Donuts Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	3 Sausage Biscuit Managers Choice Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
6 Chicken Biscuit Apple Frudel Cereal *Assorted Fresh Fruit Assorted Chilled Fruit Juice	7 French Toast w/ Bacon Breakfast Snack Bag Poptarts Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	8 Pancake Sausage Wrap Cinni Minis Cereal Bar w/ Breakfast Cracker *Assorted Fresh Fruit Assorted Chilled Fruit Juice	9 <i>PowerUp Asynchronous Learning Day</i>	10 <i>Student Holiday/Professional Learning Day</i>
13 <i>Fall Break</i>	14 <i>Fall Break</i>	15 Managers Choice Muffins Cereal Bar w/ Breakfast Crackers *Assorted Fresh Fruit Assorted Chilled Fruit Juice	16 Rainbow Parfait Glazed Pull-Apart Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	17 Sausage Biscuit Managers Choice Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
20 Chicken Biscuit Mini Pancakes Cereal *Assorted Fresh Fruit Assorted Chilled Fruit Juice	21 French Toast Sticks Breakfast Bento Box Poptarts Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	22 Bacon, Egg & Cheese English Muffin Honey Bun Cereal Bar w/ Breakfast Cracker *Assorted Fresh Fruit Assorted Chilled Fruit Juice	23 Fruit Smoothie w/ Breakfast Cracker Chocolate Mini Donuts Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	24 Sausage Biscuit Managers Choice Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice
27 Chicken Biscuit Apple Frudel Cereal *Assorted Fresh Fruit Assorted Chilled Fruit Juice	28 French Toast w/ Bacon Breakfast Snack Bag Poptarts Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	29 Pancake Sausage Wrap Cinni Minis Cereal Bar w/ Breakfast Cracker *Assorted Fresh Fruit Assorted Chilled Fruit Juice	30 Candy Corn Parfait w/ Granola Powdered Sugar Donut Cereal Assorted Chilled Fruit Cup Assorted Chilled Fruit Juice	31 Sausage Biscuit Managers Choice Poptarts *Assorted Fresh Fruit Assorted Chilled Fruit Juice